

Looking Ahead at First Presbyterian Church



M & M Water Party

Wednesday, August 17

10:00 – 12:00 at the church

All children of the church who will be in Kindergarten through Fifth Grade during this school year are invited to wear a bathing suit,

bring suntan lotion and a towel and join us for fun at the church between 10:00 a.m. and 12 noon on Wednesday, August 17. This will mark the beginning of the M & M (Music and Mission) program for the upcoming year. During this time together, we will enjoy water games, a pizza lunch and the very first of our service projects for the year. If you have any questions feel free to contact Rachel Christopher (482-8118) or rachelc25w@embarqmail.com or Danielle Payne (482-8728)

Regular M and M meetings will be held on the First and Third Wednesdays of the month from 3 until 5 p.m. beginning on Wednesday, September 7.

New Caregiver Support Group!!

With the support and encouragement of our Mission and Service Committee, a new caregiver support group will be coming to Marianna and Jackson County beginning on Thursday, August 18, 2011 from 11 am to 12 pm and meeting in our fellowship hall. This support group is open to all family caregivers who are providing care to loved ones or friends and just need an opportunity to get together with other caregivers and share their stories. Often, the needs of caregivers are the same regardless of who they are providing care for and due to the rigors of caregiving, everyone needs some time to share and learn. These support groups are confidential in nature and will be facilitated by a professional group counselor. After the first organizational meeting, future group meetings will be conducted in an open forum beginning with introductions, then a 20 minute class session on caregiving tips for better health and wellbeing and 30 minutes for group discussion followed by a closing session and processing. Coffee, water and light snacks will be provided. Please make this new opportunity through our congregation known to anyone who may

appreciate such a support group and invite them to participate on Thursday, August 18th at 11am in our fellowship hall, and to say hello to the counselors Brooks Johnson, LMHC and Recie Culpepper, CVM. from *The Alzheimer's Project* in Tallahassee which is organizing this support group in Jackson County. More information can be obtained by calling the church office or by contacting Recie Culpepper (the daughter-in-law of our own Ilene Culpepper) at (850) 386-2778 or recie@alzheimersproject.org.



Beginning Handbell Class

Charlotte Hunter will be offering a beginner handbell class on **Monday and Tuesday, August 22 & 23** from 6:00 to 8:00 p.m., You do not have to be a member of this church, or have any musical experience, just a desire to learn to play bells, and have fun! The class will meet upstairs in the handbell room. If you have any further questions, please call Charlotte Hunter at 850-482-7565, or e-mail to rosebelhunter@aol.com. The JuBELLees will resume practice at 6 p.m. on **Wednesday, August 24.**

Sunday, August 28: Rally Day Breakfast served by the Evangelism and Fellowship Committee from 9 a.m. until 9:30 a.m.

Sunday, August 28: Rally Day Program for all ages at 9:45 a.m. followed by a brief meeting time for all classes.

Sunday, August 28: Youth Group resumes meetings at 6 p.m.

Monday, August 29: Women's Gathering and Supper beginning at 5:30 p.m.

Save the date, Friday, September 30th – Saturday,

October 1st: Family and Friends Retreat at Dogwood Acres. Dogwood Acres offers opportunities for families and friends to participate in events such as: a Prayer Labyrinth, rock painting, Wii sports, real sports, and a campfire with s'mores. What do you need for Dogwood Acres? A desire for family/friend centered activities, an appetite for home cooked meals and a reservation. Cost will be \$10 per person or \$30 per family of 3 or more.